

# **YORK LACROSSE**

## **PLAYER INFORMATION 2010**

Welcome to the 2010 York Boys Lacrosse Club!

The York Lacrosse Club (YLC) is sponsored by York Community High School and is registered with the IHSA under the Emerging Sports Policy which tracks participation in interscholastic sports sponsored by IHSA member schools but in which the IHSA does not currently conduct a state series. While the YLC is associated with the High School, it is a non-profit self-funded organization. Dues and fund-raisers are our only source of operating revenue.

### **LEVELS OF PLAY**

<b>Varsity</b>	Team size - TBD (cut)
<b>Junior Varsity</b>	Team size - TBD (cut)
<b>Frosh / Soph</b>	Developmental - (no cut)*

\* The Frosh/Soph program encourages anyone interested in playing lacrosse to participate – no experience necessary.

## **REGISTRATION & TEAM DUES**

**Completed registration forms and fees are due FEBRUARY 12. No player may begin practice before completing and returning all required forms.**

Every player for the **2010 season** must complete and return the four forms listed along with payment to the lacrosse club. A current sports physical must be on file with the York Athletic office. See note below\* **Players may download the forms from the website .**

**Dues - \$525.00 Payable to: York Lacrosse Club**

**Registration Forms - York LAX Player Information and Registration Instructions.**

- 1. Player registration form**
- 2. Waiver Form**
- 3. Image Release Form**
- 4. IHSA Steroid Testing Consent Form**

**Current Sports Physical on File with York Athletic Department**

\*All players must have a current medical physical form on file with York High School. *Registered players will not be allowed to play or practice without a valid medical physical form on file at the York High School Athletic Office.* Medical physical forms are only valid for 365 days from the examination date. Please verify that a 2009 medical physical exam will be valid through the duration of the 2010 season. The medical physical form submitted for freshmen enrolment meets the requirement for freshmen only. A new medical physical is needed each year. *Please note that we are required to cross-check with the York High School Athletic Dept. to ensure compliance.* **There will be no exceptions! Please DO NOT return the physical form with your completed registration materials or give them to the coaches. They must be given to the York Athletic office before the first day of practice.**

## Volunteer Form (optional)

**Refund Policy – Full refund on or before March 5th.**

**Return forms to:**

**Kelly Deiters  
353 Laurel Ave.  
Elmhurst, IL 60126  
(630) 833-4692  
kellydeiters@gmail.com**

## EQUIPMENT

Player equipment is not included in the Club dues. Listed below are items each player will need for the season:

1. Football or soccer cleats
2. Lacrosse gloves (**primary color black**)
3. Lacrosse helmet (**solid white ...black or metallic faceguard**)
4. Lacrosse shoulder pads
5. Lacrosse arm guards
6. Lacrosse stick w/ head
7. Mouth guard
8. Athletic supporter/cup

**SEASON: March 1 – May 21** (Varsity playoffs May 24 – June 7)

**Practice/Tryouts** - Practice/tryouts begin March 1st. Teams will be chosen no later than March 5<sup>th</sup>.

## TRANSPORTATION

Players must arrange for their own transportation to and from practices and home games. Buses are provided for away games and will depart from York High School.

## COMMUNICATIONS

**The club hotline (630-246-2871) should be checked daily throughout the season for status of practices/games.**

Other communications will be handled through e-mail and the YLC website – [www.yorklacrosse.com](http://www.yorklacrosse.com).

## COACHES

Varsity Head Coach	Don Canfield 630-655-8851 <a href="mailto:canfiedm@gmail.com">canfiedm@gmail.com</a>
JV Head Coach	Kevin Burke 847-544-8915 <a href="mailto:brrrk464@gmail.com">brrrk464@gmail.com</a>
Frosh/Soph Head Coach	Jack Island 630-421-0268 <a href="mailto:Isl69@aol.com">Isl69@aol.com</a>